

## MENS ABU SHIRT

| CHEST | HEIGHT | SLEEVE | BDU OR VG SIZE | AAFES ABU SIZE |
|-------|--------|--------|----------------|----------------|
| 31-32 | 67-71  | 22 1/8 | XS-R           | 32R            |
| 33-34 | 59-63  | 20 3/4 | S-XS           | 34XS           |
| 33-34 | 63-67  | 21 1/2 | S-S            | 34S            |
| 33-34 | 67-71  | 22 1/4 | S-R            | 34R            |
| 33-34 | 71-75  | 23     | S-L            | 34L            |
| 33-34 | 75-79  | 23 3/4 | S-XL           | 34XL           |
| 35-36 | 59-63  | 20 7/8 | S-XS           | 36XS           |
| 35-36 | 63-67  | 21 5/8 | S-S            | 36S            |
| 35-36 | 67-71  | 22 3/8 | S-R            | 36R            |
| 35-36 | 71-75  | 23 1/8 | S-L            | 36L            |
| 35-36 | 75-79  | 23 7/8 | S-XL           | 36XL           |
| 37-38 | 59-63  | 21     | M-XS           | 38XS           |
| 37-38 | 63-67  | 21 3/4 | M-S            | 38S            |
| 37-38 | 67-71  | 22 1/2 | M-R            | 38R            |
| 37-38 | 71-75  | 23 1/4 | M-L            | 38L            |
| 37-38 | 75-79  | 24     | M-XL           | 38XL           |
| 39-40 | 59-63  | 21 1/8 | M-XS           | 40XS           |
| 39-40 | 63-67  | 21 7/8 | M-S            | 40S            |
| 39-40 | 67-71  | 22 5/8 | M-R            | 40R            |
| 39-40 | 71-75  | 23 3/8 | M-L            | 40L            |
| 39-40 | 75-79  | 24 1/8 | M-XL           | 40XL           |
| 41-42 | 59-63  | 21 1/4 | L-XS           | 42XS           |
| 41-42 | 63-67  | 22     | L-S            | 42S            |
| 41-42 | 67-71  | 22 3/4 | L-R            | 42R            |
| 41-42 | 71-75  | 23 1/2 | L-L            | 42L            |
| 41-42 | 75-79  | 24 3/8 | L-XL           | 42XL           |
| 43-44 | 63-67  | 22 1/8 | L-XS           | 44S            |
| 43-44 | 67-71  | 22 7/8 | L-S            | 44R            |
| 43-44 | 71-75  | 23 5/8 | L-R            | 44L            |
| 43-44 | 75-79  | 24 3/8 | L-L            | 44XL           |
| 45-46 | 63-67  | 22 1/4 | XL-S           | 46S            |
| 45-46 | 67-71  | 23     | XL-R           | 46R            |
| 45-46 | 71-75  | 23 3/4 | XL-L           | 46L            |
| 47-48 | 63-67  | 22 3/8 | XL-S           | 48S            |
| 47-48 | 67-71  | 23 1/8 | XL-R           | 48R            |
| 47-48 | 71-75  | 23 7/8 | XL-L           | 48L            |
| 49-50 | 67-71  | 23 1/4 | 2XL-R          | 50R            |

## MENS ABU TROUSERS

| WAIST | INSEAM | BDU OR VG SIZE        | ABU SIZE      |
|-------|--------|-----------------------|---------------|
| 27-28 | 29-30  | S-S / S-R             | 28XS          |
| 27-28 | 31-32  | S-R                   | 28S           |
| 27-28 | 33-34  | S-L                   | 28R           |
| 27-28 | 35-37  | S-L / S-XL            | 28L or 28 XL  |
| 29-30 | 29-32  | S-S / S-R             | 30 XS or 30 S |
| 29-30 | 33-34  | S-L                   | 30R           |
| 29-30 | 35-37  | S-L / S-XL            | 30L or 30XL   |
| 31-32 | 29-32  | S-S / S-R / M-S / M-R | 32XS or 32XS  |
| 31-32 | 33-34  | S-L / M-L             | 32R           |
| 31-32 | 35-37  | S-XL / M-XL           | 32L or 32XL   |
| 33-34 | 29-32  | M-S / M-R             | 34XS or 34S   |
| 33-34 | 33-34  | M-L                   | 34R           |
| 33-34 | 35-37  | M-L / M-XL            | 34L or 34XL   |
| 35-36 | 29-32  | M-S / L-S             | 36XS or 36S   |
| 35-36 | 33-34  | M-L / L-L             | 36R           |
| 35-36 | 35-37  | M-L / MXL / LL / LXL  | 36L or 36XL   |
| 37-38 | 29-32  | L-S                   | 38XS or 38S   |
| 37-38 | 33-34  | L-L                   | 38R           |
| 37-38 | 35-37  | L-L / L-XL            | 38L or 38XL   |
| 39-40 | 29-30  | XL-S                  | 40XS          |
| 39-40 | 31-32  | XL-R                  | 40S           |
| 39-40 | 33-34  | XL-L                  | 40R           |
| 39-40 | 35-37  | XL-L / XL-XL          | 40L or 40XL   |
| 41-42 | 29-30  | XL-S                  | 42XS          |
| 41-42 | 31-32  | XL-R                  | 42S           |
| 41-42 | 33-34  | XL-L                  | 42R           |
| 41-42 | 35-37  | XL-L / XL-XL          | 42L or 42XL   |
| 43-44 | 31-32  | 2XL-S                 | 44S           |
| 43-44 | 33-34  | 2XL-R                 | 44R           |
| 43-44 | 35-37  | 2XL-L / 2XL-XL        | 44L or 44XL   |

## WOMENS ABU SHIRT

| CHEST  | SLEEVE | BDU OR VG SIZE | AAFES ABU SIZE |
|--------|--------|----------------|----------------|
| 32     | 19 7/8 | XS-XS          | 2S             |
| 32     | 20 5/8 | XS-XS          | 2R             |
| 33     | 19 1/4 | XS-XS / SXS    | 4XS            |
| 33     | 20     | XS-XS / SXS    | 4S             |
| 33     | 20 3/4 | XS-XS / SXS    | 4R             |
| 34     | 19 3/8 | S-XS           | 6XS            |
| 34     | 20 1/8 | S-XS           | 6S             |
| 34     | 20 7/8 | S-XS / S-S     | 6R             |
| 34     | 21 5/8 | S-R            | 6L             |
| 35     | 19-20  | S-XS           | 8XS or 8S      |
| 35     | 21-22  | S-S / S-R      | 8R or 8L       |
| 36     | 19-20  | S-XS / S-S     | 10XS or 10S    |
| 36     | 21-22  | S-S / S-R      | 10R or 10 L    |
| 37 1/2 | 19 3/4 | M-XS           | 12XS           |
| 37 1/2 | 20 1/2 | M-XS           | 12S            |
| 37 1/2 | 21 1/4 | M-S            | 12R            |
| 37 1/2 | 22     | M-R            | 12L            |
| 39     | 19 7/8 | M-XS           | 14XS           |
| 39     | 20 5/8 | M-XS           | 14S            |
| 39     | 21 3/8 | M-S            | 14R            |
| 39     | 22 1/8 | M-R            | 14L            |
| 40 1/2 | 20     | M-XS           | 16XS           |
| 40 1/2 | 20 3/4 | M-XS           | 16S            |
| 40 1/2 | 21 1/2 | M-S            | 16R            |
| 40 1/2 | 22 1/4 | M-R            | 16L            |
| 42 1/2 | 20 7/8 | L-XS / L-S     | 18S            |
| 42 1/2 | 21 5/8 | L-S            | 18R            |
| 42 1/2 | 22 3/8 | L-R            | 18L            |
| 44 1/2 | 21 3/4 | L-S            | 20R            |

BDUs are sized like “Small-Short” (S-S) or “Medium-Long” (M-L)

Vanguard’s ABUs are sized like BDUs, as in “Small-Long,” “Medium-Short” or similar.

The AAFES ABUs have a numeric size & alpha length descriptor

Chest or Waist: XS – Extra Small. S – Small. R – Regular. L – Large. XL – Extra Large

Length: XS – Extra Short. S – Short. R – Regular. L – Long. XL – Extra Long

Size a cadet with available BDUs to guesstimate sizes. Since trousers are bloused over boots, you can often get away with one length shorter. If a cadet is still growing, consider the “next size up” if its borderline.

## WOMENS ABU TROUSERS

| WAIST  | HIP           | INSEAM | BDU OR VG SIZE | AAFES ABU SIZE |
|--------|---------------|--------|----------------|----------------|
| 25     | 35 2-36       | 30     | XSS            | 2S             |
| 25     | 35 1/2-36 1/2 | 32     | XSR            | 2R             |
| 26     | 35 1/2-36 1/2 | <30    | XSXS           | 4XS            |
| 26     | 35 1/2-36 1/2 | 30     | XSS            | 4S             |
| 26     | 35 1/2-36 1/2 | 32     | XSR            | 4R             |
| 27     | 37 1/2-38 1/2 | <30    | SXS            | 6XS            |
| 27     | 37 1/2-38 1/2 | 30     | SS             | 6S             |
| 27     | 37 1/2-38 1/2 | 32     | SR             | 6R             |
| 27     | 37 1/2-38 1/2 | 34     | SL             | 6L             |
| 28     | 37 1/2-38 1/2 | <30    | SXS            | 8XS            |
| 28     | 37 1/2-38 1/2 | 30     | SS             | 8S             |
| 28     | 37 1/2-38 1/2 | 32     | SR             | 8R             |
| 28     | 37 1/2-38 1/2 | 34     | SL             | 8L             |
| 29     | 39 1/2-41     | <30    | SXS / MXS      | 10XS           |
| 29     | 39 1/2-41     | 30     | SS / MS        | 10S            |
| 29     | 39 1/2-41     | 32     | SR /MR         | 10R            |
| 29     | 39 1/2-41     | 34     | SL / ML        | 10L            |
| 30 1/2 | 39 1/2-41     | <30    | SXS / MXS      | 12XS           |
| 30 1/2 | 39 1/2-41     | 30     | SS / MS        | 12S            |
| 30 1/2 | 39 1/2-41     | 32     | SR /MR         | 12R            |
| 30 1/2 | 39 1/2-41     | 34     | SL / ML        | 12L            |
| 32     | 42 1/2-44     | <30    | SXS / MXS      | 14XS           |
| 32     | 42 1/2-44     | 30     | SS / MS        | 14S            |
| 32     | 42 1/2-44     | 32     | SR /MR         | 14R            |
| 32     | 42 1/2-44     | 34     | SL / ML        | 14L            |
| 33 1/2 | 42 1/2-44     | <30    | MXS            | 16XS           |
| 33 1/2 | 42 1/2-44     | 30     | MS             | 16S            |
| 33 1/2 | 42 1/2-44     | 32     | MR             | 16R            |
| 33 1/2 | 42 1/2-44     | 34     | ML             | 16L            |
| 35 1/2 | 46-48         | <30    | MXS            | 18XS           |
| 35 1/2 | 46-48         | 30     | MS             | 18S            |
| 35 1/2 | 46-48         | 32     | MR             | 18R            |
| 37 1/2 | 46-48         | 32     | LR             | 20R            |