

**Oklahoma Wing**  
Cadet Encampment 2006

Encampment Equipment List

**ENCAMPMENT EQUIPMENT CHECKLIST (things to bring)**

All equipment listed in the required sections will be part of daily inspections.

**REQUIRED UNIFORM ITEMS, labeled with last name, first initial and last 4 #'s of CAP ID #:**

<b>Male Uniform Item (Blues)</b>	<b>Quantity</b>	<b>Unit</b>
Short Sleeve Blues Shirt without Wing Patch	2	Each
Blues Trousers	2	Each
Male Flight Cap w/appropriate device - No Service Caps (don't bring them because you can't wear them)	1	Each
Low quarter black shoes for wear with blues - highly polished or Corfram (already broken in - NOT NEW!)	1	Each
Blues Belt (Navy color w/chrome buckle and chrome tip) Note - there is a male belt.	1	Each
White V neck Tee Shirt (No White Crew Necks)	3	Each
Black Socks	3	Pairs
Necktie	1	Each

<b>Female Uniform Item (Blues)</b>	<b>Quantity</b>	<b>Unit</b>
Short Sleeve Blues Blouse without Wing Patch (Tuck in style preferred)	2	Each
Blues Slacks (no skirts, please)	2	Each
Female Flight Cap w/appropriate device - No Service Caps (don't bring them because you can't wear them)	1	Each
Low quarter black shoes for wear with blues - highly polished or Corfram (already broken in - NOT NEW!)	1	Each
Blues Belt (Navy color w/chrome buckle and chrome tip) Note - there is a female belt	1	Each
White V neck Tee Shirt (No White Crew Necks)	3	Each
Black Stockings or socks	3	Pairs
Collar Tab	1	Each

<b>Blues Uniform Accouterments</b>	<b>Quantity</b>	<b>Unit</b>
Grade Insignia and CAP cutout for enlisted - Epaulets sleeves w/pips or diamonds for cadet officers	1	Set
Service coats - cadets - don't bring them because you can't wear them		
CAP Name Plate (blue for cadets, grey for seniors) with backing	1	Each
Ribbons and ribbon holder (rack) with backing	1	Set
CAP Tie Tack or CAP Tie Bar (Males only)	1	Each
Optional: Gold Shoulder Cord for those that made 3.00/4.00 or better in school. If you bring the gold cord, you will have to present an original report card during check in to be able to wear the gold cord during encampment. No other cords will be allowed.		
Optional: Shirt/sock garters	1	Set

<b>BDU Uniforms (Summer weight - it is too hot to wear winter weight uniforms)</b>	<b>Quantity</b>	<b>Unit</b>
BDU Blouse with "Civil Air Patrol" name tape (squadron patch optional) and reverse US Flag	3	Each
BDU Trousers	3	Each
Plain brown crew neck tee-shirts (no black tee-shirts, no squadron tee-shirts)	3	Each
BDU cover (no squadron hats/caps, no "ranger rolls" on covers)	1	Each
Note: For cadet officers, cloth grade will be sewn on collars and covers, no metal pips or diamonds on blouses or covers are allowed. Refer to CAPM31-1 for proper placement of cloth grade.		
Note: For cadet enlisted, two grade insignia devices are required.		
Navy Blue BDU woven belt w/subdued buckled (no chrome) and subdued tip (no chrome)	1	Each
Black socks for wear with boots	5	Pairs
Blouser bands	1	Pair
Combat boots - highly polished - already broken in - NOT NEW!	1	Pair
Small personal first aid kit to be carried on person	1	Each
Note: Weave on cover, blouse and trousers shall match.		
Optional: Suspenders (woodland camouflage) that can be worn under the blouse to help hold up the trousers.	1	Pair

<b>PT Uniform:</b>	<b>Quantity</b>	<b>Unit</b>
Tee shirts will be provided		
Black Athletic shorts - proper length is mid thigh. When touching toes with straight arms and straight legs, no cheeks showing.	1	Pair
Running shoes/sneakers - already broken in - NOT NEW!	1	Pair
White socks for running/PT	6	Pair

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Other equipment (Everything the cadet brings must be labeled with their last name, first initial and last 4 digits of their CAP ID number)	Quantity	Unit
The means to carry 2 quarts (minimum) of water on your person. This can be done with two canteens using a web belt, or with a water pack (sometimes called a CamelBak). This is not a large backpack.	1	Means
Orange safety vest (preferably reflective)	1	Each

Sleeping Gear:	Quantity	Unit
Athletic shorts - proper length is mid thigh. When touching toes with straight arms and straight legs, no cheeks showing. Note: You will want these to be a different pair than your PT shorts.	1	Pair
Tee Shirts with sleeves (no black tee shirts)	7	Each

Other Clothing:	Quantity	Unit
Casual Clothing (jeans, pullover shirt) Civilian attire must be solid colored clothing. Advertising or vulgar statements of any sort will not be permitted.	2	Sets

Males:	Quantity	Unit
Underpants	9	Pairs
Swimsuit (no "Speedos") must have a drawstring and come to mid thigh. No cutoffs	1	Each

Females:	Quantity	Unit
Bras	4	Each
Underpants	9	Each
Swimsuit - must be modest (no thongs) "tank suit" or two piece with "full rear coverage"	1	Each

Barracks Items:	Quantity	Unit
Bath/beach towel for use at swimming pool	1	Each
Shower shoes (flip flops)	1	Pair
Bar soap travel container	1	Each
Deodorant soap	1	Bar
Shampoo (enough to last the encampment - not enough to last a month)	1	Small bottle
Flashlight (2 D cell size)	1	Each
D Cell batteries (spares)	2	Each
Laundry bag - mesh	1	Each
Foot powder	1	Tin
Moleskin (blister protection)	1	Package
Pens (black or blue ink)	3	Each
Pencils (plain old number 2 or mechanical)	5	Each
Notebook - pocket sized	1	Each
CAPF60 - Completed with all information filled in (carried on person at all times)	1	Each
Notebook - 3 hole punched spiral	1	Each
Enough coat hangars for all uniforms to be hung up on separate hangars	10	Each
1 Shoe Shine Kit (polish, brush, rag)	1	Each
Sunscreen (enough for duration of encampment)	1	Container
Toothpaste (enough for duration of encampment)	1	Tube
Toothbrush	1	Each
Deodorant (enough to be able to use it for two showers per day for the entire encampment)	1	Container
Raincoat or poncho	1	Each
Comb or hairbrush	1	Each
Small case or bag to carry toiletries	1	Each
For cadets that are (or should be) shaving - those items needed for shaving - no straight razors	1	Set
Females: Feminine hygiene products (enough for the duration of the encampment)	1	Package

<b>Note: New shoes and boots are not recommended. They should be well broken in to prevent blisters.</b>
Do not bring a sleeping bag
Bed linens and pillows are provided
Bath Towels/washcloths for use in the barracks are provided (they cannot be taken off the property to the pool)

Cadet Staff:	Quantity	Unit
White gloves for wear with blues (used for room inspections)	1	Pair
Bring extra underwear for the extra day you will be there.		

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<b>OPTIONAL EQUIPMENT (the less the better)</b>	<b>Quantity</b>	<b>Unit</b>
Hair dryer	1	Each
Hair Spray or Hair Gel and Shower Cap – females	1	Each
Small pocket Camera w/Film (or digital)	1	Each
Sweat Suit	1	Each
Lightweight iron + travel ironing board	1	Set
Set of Makeup – females only	1	Set
Sewing Kit	1	Each
Chap stick	1	Each
Very small container of laundry detergent (washers and dryers are available)	1	Container

<b>Medications: (place all containers in a single gallon Zip Lock bag - add a piece of paper with cadet's full name and CAP ID # on it to the bag)</b>
Prescription medicines: in their original container with dosage information clearly labeled by the issuing pharmacy
Over the counter medications: In their original container with a signed note from the parent/guardian (or physician) describing the reason, the name of the medication, the frequency of dosing, and the size of dosing.

<b>Encampment Checklist (things Cadets cannot bring)</b>
No pornography (Playboy, Hustler, etc.)
No knives of any kind
No Walkman's
No cell phones (if you bring them, you must turn them in - they will be returned at the end of the encampment)
No pagers (if you bring them, you must turn them in - they will be returned at the end of the encampment)
No hand held game devices
No IPOD's
No candy or snacks
No soda pop
NO ALCOHOL
NO TOBACCO PRODUCTS
Don't bring more than \$20 cash (you should not need any cash)
Basically - if it is not on the list of things to bring, don't bring it. If you are not sure - ask your squadron commander to ask.

<b>Hair - Refer to current CAPM39-1</b>
Males: Hair must be cut to conform with the requirements in CAPM39-1 grooming standards
Females: Hair must be arranged to conform with the requirements in CAPM39-1 grooming standards
Overall: Hair must be of single natural color (or dyed to be the natural color), and not be of a distracting style.
Cadets: If your hair does not conform to the regulations, you will not be admitted to the encampment. Refer to the attached grooming standards.

**CAP WEIGHT STANDARDS**

HEIGHT	MEN		WOMEN	
	Air Force Standard (Maximum Allowable Weight)	CAP standard (Maximum Allowable Weight)	Air Force Standard (Maximum Allowable Weight)	CAP Standard (Maximum allowable Weight)
4'10"	149	164	132	145
4'11"	151	166	134	147
5'	153	168	136	150
5'1"	155	171	138	152
5'2"	158	174	141	155
5'3"	160	176	142	156
5'4"	164	180	146	161
5'5"	169	186	150	165
5'6"	174	191	155	170
5'7"	179	197	159	175
5'8"	184	202	164	180
5'9"	189	208	168	185
5'10"	194	213	173	190
5'11"	199	219	177	195
6'	205	225	182	200
6'1"	211	232	188	207
6'2"	218	240	194	213
6'3"	224	246	199	219
6'4"	230	253	205	226
6'5"	236	260	210	231
6'6"	242	266	215	237
6'7"	248	273	221	243
6'8"	254	279	226	249

**NOTES:**

1. Senior members and cadets who are 18 and older must meet CAP weight standards in order to wear the AF-style uniform.
2. A weight allowance of up to 3 pounds for clothing (excluding footwear) is authorized.
3. Height measurements do not include footwear.
4. Round up to the nearest inch.

# CAP GROOMING STANDARDS

## MALE

### Haircut---

Tapered appearance. Hair must not touch the ears or the collar. "Block" style authorized as long as a tapered appearance is maintained.

Tapered  
Block



### Bangs---

Not below eyebrows and not exposed when headgear is worn.

### Mustache---

Must be neatly trimmed. Must not extend downward beyond the lip line of the upper lip or extend sideways beyond a vertical line drawn upward from the corner of the mouth.

### Beards and Goatees---

Forbidden for all members wearing any of the Air Force-style uniforms.

### Sideburns---

Neatly trimmed, not flared and will end with a clean shaven horizontal line.

### Maximum length--

**Seniors:** not below lowest part of exterior ear opening.  
**Cadets:** Not below the bottom of the ear lobe.

## FEMALE

### Hair---

Will be neatly arranged and shaped to present a conservative feminine appearance. Hair styles that prevent the proper wearing of the service hat are not appropriate.



### Barrettes, ribbons and other ornaments ---

except inconspicuous pins and combs, will not be worn in the hair when the uniform is worn.



Hair in the back may touch, but not fall below, the bottom edge of the collar.